

## How Long Will It Take To Restore Full Brain-Body Communication?



**Frequency of Care:** How long will it take to optimize my spinal alignment and in doing so establish interference free communication between the brain and the body?

The following definitions are guidelines and spinal health optimization could take longer depending on several factors. By the power of the state of Minnesota (DC) and the federal government (DOT), these treatment recommendations are provided by Dr Robert C Slater Ba, MSc, DOT, DC.

### **Type 1: Mildly Acute Care:**

The doctor's examination findings show that regional vertebral subluxation complexes are present. The palpation and examination findings show minimal mild of range of motion, postural deviations, no neurological findings, mild orthopedic positive findings, mild segmental swelling and pain of spinal muscles and ligaments are noted.

**In Type 1 Care: 2-3 visits a week are prescribed for 4 weeks to restore spinal function and optimal communication between the brain and body. Re-evaluation will determine the degree of spinal alignment optimization achieved.**

**If all progresses as expected and you maintain the treatment schedule established by Dr Slater DC during the recommended first 4 weeks of spinal care, we take the next step. Depending on your clinical presentation at the time of this re-evaluation your treatment frequency may be extended to bi-weekly or tri-weekly.**

**Due to the nature of multi-layers of stress people are exposed to in our culture, most patients are after their second reevaluation recommended to frequency of 1-2 spinal care visits per month. By maintaining this frequency of treatment, the process of your brain to spinal nerve to body organs and tissues is maintained without interference. Then we say your spinal problem has been 'fixed'. It is up to you to keep your visits and make sure it stays that way.**

#### **Type 2: Mild to Moderately Acute Care:**

**Type 2 Care: the doctor's examination findings show that multiple regional vertebral subluxation complexes are present. The examination findings show minimal to moderate loss of range of motion, postural deviations, mild to moderate neurological findings, mild to moderate multiple orthopedic positive findings, mild to moderate spinal muscle and of ligament weakness.**

**In Type 2 Care: 3-4 visits a week are prescribed for 8 weeks and an evaluation will determine the degree of spinal alignment optimization achieved.**

**If all is progressing as expected, recommended care after the first 8 weeks becomes a Type 1 treatment scenario. If the patient is progressing as expected at this transition the same treatment protocol as Type 1 is subsequently applicable.**

#### **Type 3: Moderately ++ Acute Care:**

**The doctor's examination findings show that multiple regional vertebral subluxation complexes are present. The examination findings show moderate + loss of range of motion, moderate + postural deviations, moderate + neurological findings, moderate + multiple orthopedic positive findings, moderate + spinal muscle and of ligament weakness.**

**In Type 3 Care: 4-5 visits a week are prescribed for 12 weeks and an evaluation every 10 visits will determine the degree of spinal alignment optimization achieved. This type of care is recommended following a personal injury, motor vehicle or work related accident.**

If all is progressing as expected, recommended care after the first 12 weeks becomes Type 2. If the patient is progressing as expected at this transition the same treatment protocol as Type 2 is subsequently applicable.

In all stages of treatment the primary focus is to optimize communication between the brain and spinal nerve, and then from the spinal nerves out to the body. In this way and only in this way can full neurological function be mechanically restored to the body and thereby sustain complete health of the body. The degree of pain and or swelling, muscle weakness and stiffness, joint immobility will all diminish as the spine returns to normal alignment, motion and stability.

**Elective Care:**

This care interval is 3 to 4 weeks to help keep slight spinal misalignment and the mild communication problems between the brain and body, as well as the spinal symptoms of unchecked spinal alignment from becoming more serious.